



Ardlethan Central School

# NEWSLETTER

ISSUE 8 WEEK 3 TERM 2

12 May 2022





## From the Principal...

### Cross Country & Athletics Carnival

It has been a busy couple of weeks with the running of our major athletics carnivals. A massive thank you to Jess Sloan for her organisation and running of both these events. Jess commits a lot of hours outside of school time to ensure the smooth running on the day. The positive atmosphere and the enthusiasm of everyone involved, including our parents and volunteers, reminds you of why these types of days are so important to our school community. Thank you to those families and friends who took the time to come along and support their children and the school, and who help make these carnivals such a success.

### Variety Bash

Our P&C are currently doing some incredible work, planning and preparing to feed over 300 people when the 2022 Variety Bash drives into Ardlethan next Wednesday. Ably supported by Tas and her Food Tech students, the P&C will be providing lunch for the 'bashers' when they pitstop at Ardlethan Football Ground. Our students will be meeting and greeting the drivers between 11am and 2pm, and Ardlethan community members are invited to join us for the occasion.

### NAPLAN

This week students in Years 3, 5, 7 and 9 participate in the annual National Assessment Program—Literacy and Numeracy (NAPLAN). NAPLAN tests assess student progress in writing, reading, conventions of language (spelling, grammar, punctuation) and numeracy.

### Photo of the Week

Mikayla (Year 12) supporting Sarah (Year 2) at last Friday's athletics carnival. This photo highlights why ACS is such a wonderful place to work.

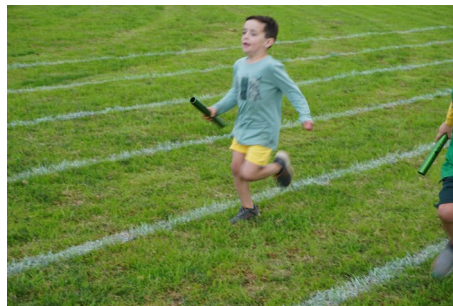


As always, if you have any questions or queries please give me a call at the School.

Grant Lloyd

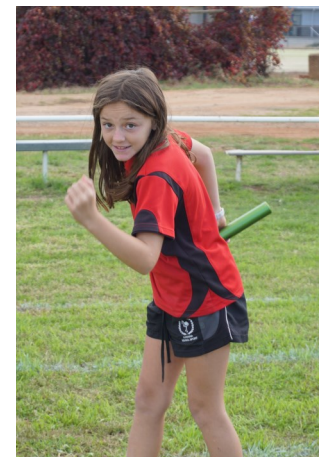


# Athletics Carnival 2022





# Athletics Carnival 2022





# Easter Egg Colouring Competition Winners



Winner - Kindy -



Winner Yr1.



Allie  
Winner Yr2.



Winner Yr3.



Winner Yr4.



Winner Yr5 Zahli



Winner Yr6-Indilee



Winner Yr8 - Chloe



Hayley  
Yr9 Winner Yr9



Winner Yr11

Kindy—Ayla; Year 1—Ava; Year 2—Allie; Year 3—Camilla; Year 4—Jaxon;  
Year 5—Zahli; Year 6—Indilee; Year 7—Kacey; Year 8—Chloe;  
Year 9—Hayley; Year 10—Summah; Year 11—Emma



# K/1/2 Athletics Carnival Writing

K/1/2 did some writing about our Athletics Carnival.

Sienna

on Friday it was the Athletics Carnival. I loved Shot Put and 200m running.  
|My favourite was Long Jump.

Jamie—

In the Long Jump I jumped 2 metres.

Riley T

*On Friday we had the Athletics Carnival. The 800m was cool.  
I liked the end of it. It was big but it didn't waste all my energy.*

Shyla

On Friday I entered the relays and I loved it because I won. Yithan won.

Jayden O

I did a big jump.

Jesse

*I did really well at Shot Put. I am good at Long Jump.*

Sophie

*At Athletics I liked Shot Put.*

Sean

On Friday I went in Shot Put and came 3rd.

Eric

*At the Athletics Carnival I like the running races.*



## Merit Awards

### K/1

- K Hunter for improvement in InitialLit—Mrs Minchin  
1 Jamie for improvement in InitialLit—Mrs Minchin  
Sienna for working well in maths—Mrs Minchin

### 5/6

- 5 Nitara for effort and dedication in writing—Ms Chen  
6 Josh for effort and dedication in writing—Ms Chen  
Indilee for effort and dedication in writing—Ms Chen; and being helpful—Ms McLean

### 7/8

- 7 Kacey for effort and dedication in English—Ms Chen

### 9/10

- 9 Toby for excellence in science—Mr Hesketh  
10 Jayden for effort and dedication in history—Ms Chen





## K/1 Mother's Day Craft



## Ardlethan Sports News

### Athletics Carnival Ongoing Events

Events that were unable to be held on the day of the athletics carnival will be completed during sports and PDHPE classes and results will be announced upon completion.



### Do you want to receive these Newsletters by Email?

If you do, send an email to the school at: [ardlethan-c.school@det.nsw.edu.au](mailto:ardlethan-c.school@det.nsw.edu.au) with your email address and it will be emailed to you every fortnight



# Ardlethan Central School P&C

Proudly Supporting



## NSW Variety Bash 2022

Ardlethan Central School P&C are excited to announce that Ardlethan Central School will be hosting the Variety Club Bash on Wednesday 18th May at the Ardlethan Recreation Ground between 11pm and 2pm.

We would love to see as many members of the community come along and support this exciting event. We also wish to advise all residents that there will be increased traffic in town during these hours.

If any community members wish to help out we are looking for donations of cakes or other baked goods as our school will be benefitting financially from this visit.

If you have any further questions or can help with preparations please contact a member of the committee listed below.

## New Committee Members

Ardlethan Central School P&C held their AGM on Monday 2 May and would like to announce that the new committee members are:

President:	Jade McTavish
Vice President:	Danielle Garrett
Secretary:	Jo anne Percy
Treasurer:	Janet Popple
Uniforms:	Fiona Minchin
Canteen:	Jade McTavish

## Expressions of Interest, Debutante Ball

Ardlethan Central School P&C are looking for expressions of interest for the Debutante Ball. Date will be confirmed at the next P&C Meeting on 6 June 2022.

Please contact Suzanne Lucas on 0429 191 501





### PLEASE LABEL YOUR CHILD'S UNIFORM ITEMS

Please ensure that all students' school clothes, including hats, are labelled clearly so any lost items can be returned to their rightful owners.

A white out pen or laundry marker works well.

## SCHOOL PICK UP/DROP OFF and VARIATIONS



**NO PARENTS/CARERS ARE ALLOWED ON  
SCHOOL GROUNDS SOLELY FOR CHILD  
PICK UP/DROP OFF REASONS.**

Please pick your children up outside the **Bygoo Street** gate.

If there is **ANY variation** to regular end of day transport arrangements for students the **School MUST be notified** by the Parent/Carer. Preferably by 2:45pm but no later than 3:00pm

Please phone the school on 6978 2046 to advise of any variations.

### Second Hand Uniform Items—Available on request at Office



Hats	\$5
Tracksuit Pants	\$3
Tracksuit Pants – new with tags	\$10
Jackets	\$5
Jumpers	\$3
Polo	\$2
Sports Bags	\$3





# THE KELPIE'S BARK

**COMMUNITY NEWS**

**12—25 May 2022**



## **RED SHIELD APPEAL**

**Will be held in Ardlethan  
Sunday 29 May 2022**

If any community members would like to help with the collection on Sunday 29 May, or for further information, please contact Elizabeth on 0410 103 085

Donations may be left at:

- Ardlethan Newsagency with Tanya;
- Ardlethan Post Office with Reckell; or
- Ardlethan Central School with Elizabeth.

**ALL donations are fully tax deductible**

Receipts will be issued

*Thank you for your kind donation,  
it is greatly appreciated.*



## **ARDLETHAN MUSIC CLUB**

### **ANNUAL GENERAL MEETING**

**JUNE 6 2022 at 1PM**

**LONDON HOTEL/MOTEL**

**Save the Date**

**Ardlethan Can Assist**

**Cuppa for Cancer**

**21st October 2022**

Join us for morning tea as we celebrate 30 years of helping cancer sufferers in our district.



**ARDLETHAN BRANCH**

**Ardlethan Can Assist Meeting Dates 2022**

19 May

14 July

8 September

11 November

10am at Aria 62—All welcome

**FOODWORKS**  
Supermarket

**34 Aria Street**

**Monday to Friday: 8.30am—5.30pm**

**Saturday: 8.30am —12.00 noon**

**Sunday—CLOSED**

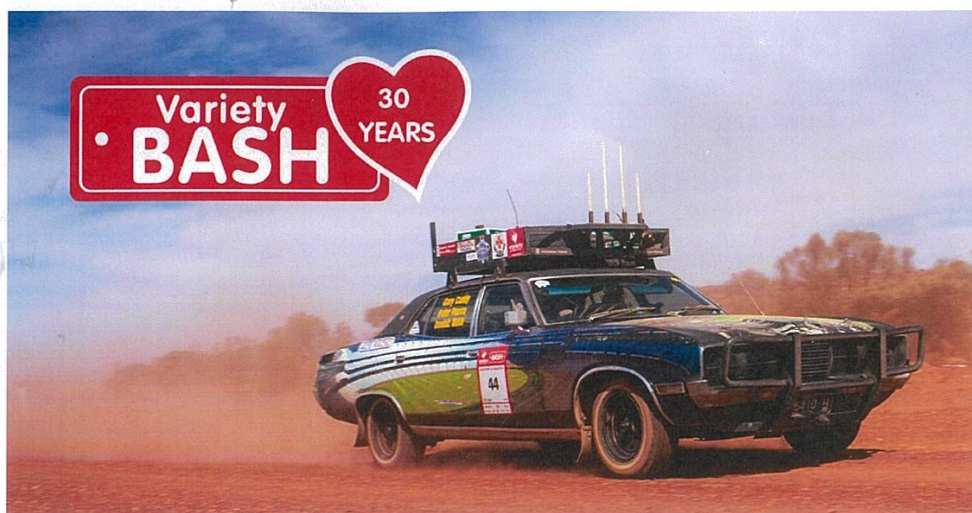
**Fresh Produce/Groceries  
Delicatessen/Cooked Chooks**

**Phone 6978 2171**

**Attention Community Advertisers:** If you do not wish your articles/advertisements or name, phone number, etc to be published on the school website please contact the school by telephone or email.







## Coming to Ardlethan!



The Variety Bash is not a race or a rally. It's an adventure with mates driving 30 year old plus cars through regional parts of Australia that you might otherwise not see, all in support of Variety – the Children's Charity.

Throughout the Bash, participants visit local towns, stopping into schools and organisations to visit the kids. Bashers get to see the direct impact of their fundraising efforts along the way, with a range of educational, health and mobility equipment provided to local schools and organisations enroute.

The event is all about having fun in support of Aussie kids. There are always festivities along the way, from theme nights to entertainment and other activities and games on the road.

**When: Wednesday 18 May**

**Where: Ardlethan Football Ground**

**Time: 11am – 2pm**

**The Ardlethan community is invited to come and see the cars and meet and greet the 'bashers'. Bash participants will be taking a pitstop to enjoy lunch provided by the Ardlethan Central School P&C.**







# Every day COUNTS!



When your child misses just ...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means, the best your child can achieve is...
1 day each fortnight	20 days each year	4 weeks each year	Nearly 1 ½ years of learning	Equal to finishing Year 11
1 day each week	40 days each year	8 weeks each year	Over 2 ½ years of learning	Equal to finishing Year 10
2 days each week	80 days each year	16 weeks each year	Over 5 years of learning	Equal to finishing Year 7
3 days each week	120 days each year	24 weeks each year	Nearly 8 years of learning	Equal to finishing Year 4

*School success starts with attendance*

## Nutrition Snippet

### CHOCOLATE MUFFINS



**Serves: 12**

#### Ingredients

½ cup plain flour, plus 2 tablespoons  
½ cup wholemeal flour  
1/3 cup cocoa powder  
¾ tsp baking soda  
2 large eggs  
1 ripe banana, mashed  
¼ cup reduced fat plain yoghurt  
1/3 cup honey  
1/3 cup reduced fat milk  
¼ cup olive oil

#### Method

Pre-heat the oven to 180°C. Line a muffin tin with paper liners.

In a large bowl, whisk together the dry ingredients. In a medium bowl, whisk together the rest of the ingredients. Make a well in the centre of the dry ingredients and add the wet ingredients. Gently stir by hand until just combined.

Fill the muffin cups 2/3 to the top. Bake for 18-20 minutes, or until a toothpick comes out clean.

Place on a wire rack and allow to cool in the tin for 5 minutes, then remove and place on the rack to cool completely.

For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



## Sunsmart Snippet

### What's the UV right now?

Think UV not heat. UV can't be seen or felt and can damage your skin on cool or cloudy days.



Check the SunSmart app everyday to find out your local UV levels and sun protection times to protect yourself from skin cancer.

Remember to SLIP, SLOP, SLAP, SEEK and SLIDE when the UV is 3 or above.



[sunsmartnsw.com.au](http://sunsmartnsw.com.au)







SafeWork NSW and  
State Training Services



AgSkilled™ and Tocal College: The training you want, where you want it for  
VITICULTURE - GRAINS - COTTON - RICE - PRODUCTION HORTICULTURE



## Women on Wheels (WOW)

A week of skills training and personal development for women in NSW

**Improve your farm skills alongside other women!**  
Choose from a range of Tocal Skills Training to upskill yourself with your farming practices and knowledge.

**Dates:** 18–22 July 2022

### Courses:

- Licence to operate a forklift – 2.5 days course
- Tractor with front-end loader – 2 day course
- Off road four wheel drive – 2 day course
- Operate two wheel motor bikes – 1 day course
- Operate quad bikes – 1 day course

Optional extra activities Tuesday and Thursday evenings.

Fully funded accredited training to eligible participants supported by the NSW Government.

### Location:

Tocal College Yanco Campus  
2198 Irrigation Way  
Yanco NSW 2703

### What women said about WOW:

"The tractor course was easy to understand, and I enjoyed the practical side as well. The teachers were patient and no question is 'silly' and they made you comfortable and gave you the confidence to ask a question."

### Accredited training

These courses are aligned and delivered against vocational education and training requirements.

### REGISTER YOUR INTEREST NOW!

Applications for funding close: 31 May 2022

**Apply now**

Click above or go to <https://nswtrade.wufoo.com/forms/women-on-wheels-yanco-2022/>

### For more information:

**Website:** [www.tocal.nsw.edu.au/events/women-on-wheels-wow](http://www.tocal.nsw.edu.au/events/women-on-wheels-wow)

**Phone:** Tracey or Courtney 02 6951 2775

**Email:** [tracey.valenzisi@dpl.nsw.gov.au](mailto:tracey.valenzisi@dpl.nsw.gov.au)

OR [courtney.langenbacher@dpl.nsw.gov.au](mailto:courtney.langenbacher@dpl.nsw.gov.au)

**Onsite accommodation:** contact Leonie Napier

**Phone:** 02 6951 2748

**Email:** [leonie.napier@dpl.nsw.gov.au](mailto:leonie.napier@dpl.nsw.gov.au)



[www.tocal.nsw.edu.au/events/women-on-wheels-wow](http://www.tocal.nsw.edu.au/events/women-on-wheels-wow)



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Department of  
Primary Industries

02/2006

## REGIONAL CINEMA TOUR

20–21 May 2022

A cultural experience like no other  
Coolamon Up-to-Date Store Cultural & Learning Precinct

Australian Live Theatre & Sydney Festival 2022 are partnering with Local Councils and donating 10% of ticket sales to support Local Health Services.

### Friday 20th May

7.00pm for 8pm  
outdoor screening  
\$10 per person  
Bring an esky (NO GLASS) and a chair

宿 (STAY) – THEATRE/MUSIC | 70 MIN.

Presented by: Kuringi, S4theCollective & OzaAsia Festival



"Bound by buried secrets"

A hauntingly beautiful blend of music, dance, film, design and dialogue. Part concert, part story, part ceremony.

### Saturday 21st May

3pm // A family event  
\$15 per family of 4  
(additional members \$5)

PREHISTORIC PICNIC – FAMILY/IMMERSIVE | 60 MIN.

Presented by: Earth & Royal Botanic Gardens and Domain Trust



"Will you be safe from our incredible beasts?"

Sydney's world-famous dino-recreationists evoke 65 million years ago with their towering 3-metre tall Thunderbirds, against the spectacular backdrop of the Royal Botanic Gardens. Meet the ancient creatures that are remembered in the stories of the first people of our nation.

### Saturday 21st May

7.00pm for 7.30pm outdoor  
screening // \$10 per person  
Bring an esky (NO GLASS)  
and a chair

ITALIAN BAROQUE WITH CIRCA – MUSIC/OPERA/CIRCUS | 90 MIN.

Presented by: Australian Brandenburg Orchestra & Circa



"Music and movement: pride and passion"

"A must-see combination of vibrant music & death-defying acrobatics!" – ABC Classics  
The Australian Brandenburg Orchestra takes you on a rollicking ride through Italy's multi-layered past with a daring new choreography from Circa's energetic acrobats.



### ONLINE TICKET BOOKINGS

[www.visitcoolamonshire.com.au](http://www.visitcoolamonshire.com.au)

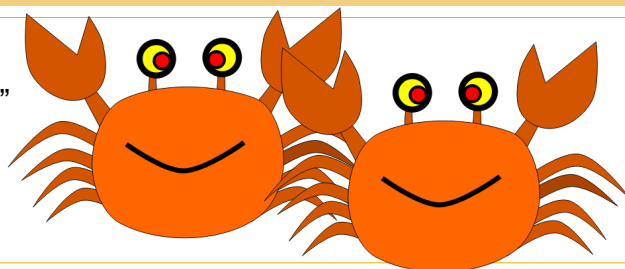
[www.eventbrite.com.au/o/coolamon-shire-council-44075845213b](http://www.eventbrite.com.au/o/coolamon-shire-council-44075845213b)

## What's Happening—May 2022

- 10–20 May NAPLAN Years 3, 5, 7 and 9
- 16 May School Photos
- 18 May Variety Bash—Ardlethan recreation ground
- 19 May Can Assist Meeting—Ariah 62 at 10am
- 23 May Australian Dental Health Van at school
- 25 May National Simultaneous Storytime
- 27 May Zone Primary and Secondary Cross Country
- 29 May Red Shield Appeal—10:00am to 12 noon

### Fortnightly Funny...

"Why won't crabs share?"



"Because they're shellfish"

Please forward advertisements/articles for the Ardlethan Central School Newsletter and/or the Kelpie's Bark to: [ardlethan-c.school@det.nsw.edu.au](mailto:ardlethan-c.school@det.nsw.edu.au)

Please type **Newsletter Article** in Subject Line. **Closing time for advertisements/articles is 3.00pm Monday. Term 2 closing dates are 23 May, 6 and 20 June.**

Late articles will be put in the next newsletter

