

NEWSLETTER

24th March 2017

Inside this issue:

Students of the Week	2
K/1/2 Science	3 & 4
Lawn Bowls & Thankyou	5
Secondary News	6
Community News	9

Coming Events

MARCH Mon 27th	◆ CHS Tennis Knockout— Temora
Tue 28th	◆ PLP's Sec
Wed 29th	◆ Back-up School Cross Country ◆ PLP's Sec
APRIL Mon 3rd	◆ NSW CHS Swimming
Tue 4th	◆ Science Week
Wed 5th	◆ Yr 9/10 Lake Cowal visit
Thur 6th	◆ Free Feet Day ◆ Thongs Day
Fri 7th	◆ Church Service ◆ Canteen—Rice Day

Canteen Roster—March

Fri 24th	Rodney/Mick
Tue 28th	Donna Caldwell
Fri 31st	Liz Barnes

Scripture Roster

Fri 24th	Renee Doyle
Fri 31st	Renee Doyle

Personalised Learning Plans

The Future in Our Children's Hands

This week students, their parents/carers and the teachers have been meeting to discuss students Personalised Learning Plans (PLPs). What a fantastic opportunity for us all to work together to focus not only on each child's individual learning needs but to focus on each child's aspirations and dreams for the future. **Dream Big...** what a wonderful saying and that is what we want to encourage our students to do. Take each day and make the most of it, learn something new every day, challenge yourself everyday and most of all enjoy everyday.

Research shows us that Personalised Learning Plans (PLPs) are one of the best possible ways of increasing the engagement of all parties in student learning. All the parties are involved — teacher, student and parent/caregiver — and all have a direct stake in what is happening. We are all talking about something real and fundamental that is happening now, the student's learning. It is a chance to work directly on issues that will affect the student's school performance.

PLPs map the pathway that a student needs to follow to achieve learning goals at least commensurate with standards expected for all students. PLPs describe a clear destination for the student in terms of goals for learning. They identify the potential obstacles that might impede a student getting to their goals, and chart a course through them.

It is exciting times in education where we can specifically cater for each and every child, where we can provide them with so many different and varied opportunities to shine, where we can stretch them just outside their comfort zone and show them that the best way to predict the future is to create it!! **Kerrilee Logan**



Students of the Week

Week 7



VIOLET GORDON

For showing good teamwork and being a strong leader



MEDOH RUSSELL

For excellent independent writing

Week 8



MAX COLLIS

Accurate reading & comprehension in Accelerated Reading



JACK BLACK

Excellent behaviour

Merit Awards

Week 7

- Garnet Hawkins—for excellent reading with Mrs Fairley
- Elke richens—for using more ideas & expressive punctuation in her writing
- Shyanne Fuller—A great result in Accelerated Reading
- Callum Morris—Improved effort in reading
- Seth Morris—Great improvement in classroom behaviour
- Hayley Myers—A diligent effort in literacy
- Jack Black—Showing a keen interest in Science Experiments

Week 8

- Ben Minchin—for writing independently and with greater focus
- Britany Woodward—for excellent effort on her first reading
- Seth Morris—Showing great enthusiasm in History
- Jayden Strickland—a huge effort in reading & MultiLit
- Emma Hawkins—Always being so happy & kind to others

K/1/2 Science

“WEATHER IN MY WORLD”

This Term in K/1/2 we have been doing a close study on the weather in our area. Students have learnt about temperature, wind speed, rainfall, weather forecasts, symbols and much more. In particular the students have enjoyed working as real scientists by taking part in experiments that require the students to make predictions based on their knowledge and test them. In this instance K/1/2 were required to make a “wind meter” to test how strong the wind is blowing.

For the first part of our experiment, students were required to test a range of different products including paper, cardboard, feathers, felt and wood to see if they moved in a light breeze created by a hand held paper fan. They then had to categorise whether the material moved in a light or a strong breeze.



The second and final part of our experiment was to create a “wind meter” to test how strong the wind is outside. The students were required to identify places around the school they would like to test for wind speed and then predict the wind speed for that area.

The students chose to use a feather to test for light wind and a piece of wood to test for a stronger wind. Depending on which object moved in the wind and the intensity of its movement informed the students of how fast the wind was moving.

As you can see we have had a lot of fun and had a great time learning about Weather In My World. We look forward to our next Science unit “Spot the Difference” next term.



SECONDARY NEWS

On Friday 17th March Ardlethan hosted the RAP study day. It was a highly successful event with almost 100 Senior students and 30 teachers involved in the day. The P+C were amazing catering for everyone, and the food gained the best review of the day!! Thank you P+C.

Personalised Learning Plan interviews have commenced and thank you to parents and carers for booking online. This is the first time Secondary have used the system and there are some teething problems - thank you for your patience. I would appreciate any feedback that will help us improve the use of 'school interviews'.

Assessment handbooks were given to students last week. The handbooks contain updated information about the school as well as assessment schedules for each subject studied in the student's Year. If the handbook has been misplaced, lost or you would just like another copy please contact the school and a copy will be sent home. The aim is to keep you informed of what is happening at school so you are able to support your child in their studies.



Thongs Day Thursday 6th April

SRC Easter Raffle

It's that time of year and the Easter Bunny is too busy,
can you please help with donations
for our Easter egg raffle.

Thank you your support is greatly appreciated



ARDLETHAN CANTEEN DAY

FRIED RICE DAY

Friday 31st March — \$3.00 a cup

PSSA Eastern Riverina AFL Trials

On Friday 17th March 2017, students from the Coolamon/Ardlethan District and the Cootamundra District participated at the PSSA Eastern Riverina AFL Trials at Coolamon. The combination of our districts created a strong, competitive team. Our students were able to play well as a team and display excellent skills.

Well done to all our students from both districts who attended and participated at the trials:

Ariah Park – Riley Judd, Will O’Hare, Taylor Heath, Harrison Judd and Charlie McCormack.

Ganmain - Kaitlyn Logan and Seb Hamblin.

Ardlethan – Max Collis

Matong – David Beard.

Coolamon – Lachlan Caldwell-Higman

Tumut – Jed Bevan

Temora West – Jared McKinnon, Jace Ashcroft, Darcy Schliebs

Temora – Harry Cickfield, Ethan Goesch, Will Dean, Quinten Walker

Eurongilly – Ash Crawford

Cootamundra – Sam Gash



All students played to the best of their ability and displayed excellent sportsmanship. Charlie McCormack and Seb Hamblin participated in the Longest Kick competition and were close to the winning kick. Congratulations to Kaitlyn Logan for receiving the Coaches Award for the Northern Riverina Team.



Congratulations to Charlie McCormack, Seb Hamblin, Taylor Heath and Sam Gash who were successfully selected in the Eastern Riverina Squad. They will compete at the PSSA Riverina AFL Final Selection on Friday 31st March in Jerilderie. Good luck Boys!

Everyone is proud of your achievements so far and wishing you luck for the next trials.



A huge thank you to all parents and family members for supporting and transporting students to the trials. An extra big thanks to Mr Anthony Leary for coaching the team. His leadership, knowledge and encouragement got the best out of all the students.

Mrs Sloan

Thank You

The Can Crushers would like to thank:
The Woodward family/The London Hotel,
Ann McDougall and Ariah 62 for their donation of cans.

Also all others who have donated bags of cans.

Thank you, you are helping improve our school

Coolamon–Ardlethan PSSA Netball Team wins first local round of the Netball NSW Schools Cup

On Tuesday 21st March the Coolamon-Ardlethan PSSA Netball Team travelled to Griffith to participate in the first local round of the Netball NSW Schools Cup. Our team was placed in Pool Blue with St Mary's Catholic School, Yoogali; St Joseph's Catholic School, Narrandera; West Wyalong Public School and St Patrick's Catholic School, Griffith. All teams in our pool were to play against one another, with the school recording the majority of wins, deemed the winner and advancing to the regional final in Wagga.

Our first game was against St Mary's Catholic School. The girls started this game confidently, leading 8-0 at half time. Abbey (GPS) and Kaitlin (GPS) were dominant in the centre court, whilst Claudia (GPS) presented well in the goal circle. Our team continued to attack in the second half, scoring 16 goals to 1. Bella (APCS) found excellent space in the centre court, whilst Jo (ACS) and Charlotte (APCS) combined very well in the goal circle. Final result, Coolamon-Ardlethan defeated St Mary's Catholic School 24-1.

Our second game was against St Joseph's Catholic School. The girls again started well, leading 6-0 at half time. Abbey (GPS) was athletic in the centre, whilst Bella (APCS) was impressive as goal shooter. The second half was closer, with the St Joseph's team outscoring our girls by 1 goal. Allie (BCS) and Brooke (APCS) worked hard in defence, intercepting and rebounding inaccurate passes and shots from our opposition. Final result, Coolamon-Ardlethan defeated St Joseph's Catholic School 7-2.

Our third game against West Wyalong Public School was our toughest. The first half was extremely competitive and low scoring. We managed to hold a slight lead of 2 goals to 1 at half time. Kaitlin (GPS) was tireless in the centre court, whilst Chloe (GPS) was solid in defence. The girls managed to find their rhythm in the second half, scoring 4 goals to 1. Abbey (GPS) controlled the game in centre, whilst Jo (ACS) was accurate in the goal circle. Final result, Coolamon-Ardlethan defeated West Wyalong Public School 6-2.

Our fourth and final game against St Patrick's Catholic School was played in wet and humid conditions. Claudia (GPS) and Bella (APCS) combined well in the goal circle throughout the first half. Our team went into the half time break leading 7-1. The second half was played in great spirit. We managed to outscore our opponents 6 goals to 1. Allie (BCS) was solid in defence, whilst Charlotte (APCS) moved well in the goal circle. Final result, Coolamon-Ardlethan defeated St Patricks Catholic School 13-2.

A big congratulations to our girls for not only winning all of their games and advancing to the regional final, but for also displaying outstanding behaviour and sportsmanship.

Thank you to Jessica McCallum (CCS) for umpiring and to our wonderful parents, Melissa Bell, Paul Bray, Renae Denyer, Tracey and Rob Clark and Bron Fairman for scoring and assisting with the transport. We look forward to playing in the regional final in Wagga in Term 3. **Caroline Stewart**



Back row:

Jessica McCallum (CCS), Kaitlin Logan (GPS), Abbey Hamblin (GPS), Chloe Clark (GPS), Brooke Denyer (APCS), Allie Haida (BCS) & Caroline Stewart (ACS)

Front row:

Bella Fairman (APCS), Jo Bray (ACS), Claudia Bingham (GPS) & Charlotte Bell (APCS)

RAP LAWN BOWLS TO ROUND 3 OF THE CHS KNOCKOUT

The RAP Lawn Bowls team was successful against Young High School last Wednesday at the picturesque Young Bowling Club. It was a tight contest like the round 1 game against Griffith High School. Most ends were determined by 1 or 2 bowls each way. The RAP team lead early and were never headed but only forged to a big lead in the last 2 ends.

Jayden Woodward performed really well as the lead. Thomas Madden drew shots at will as the 2nd and Loclan got the team out of trouble on several ends when Young held shot or held several shots.

The team will be playing Junee High School in round 3 at the Ardlethan Bowling Club on Tuesday 28 March.

Thanks Mr Gordon

Pictured are Thomas Madden from Aria Park Central School, Jayden Woodward, Loclan Nau and happy coach James



THANK YOU

Thank you to ALL of our fantastic helpers on Saturday, who contributed to the P & C BBQ that was held at the Ardlethan Picnic Races. It was a huge success and all volunteers were so generous with their time.

Thank you Joan Clark for supplying all of the fresh sandwiches for the day.

A particular mention to the volunteers from the "Men's Shed". We really appreciated your help!

Also to Chris Smith for helping to set up and pack up the tents and BBQ, you did an awesome job.

We would like to thank the Race Committee for giving us the opportunity to host the BBQ yet again, allowing us to continue to raise funds that ultimately go towards our children's education.



LEARNING BLOCKERS

- I am dumb I can't do it!
- This is boring.
- This is too hard. I will never get it.
- There is too much to do.
- I am tired.
- I want to do something else.
- I don't want to work with him/her.

LEARNING BOOSTERS

What I can say to help children change their mindset
<ul style="list-style-type: none"> • You are not dumb - you just don't know this yet. • Our brains are designed to learn new things. Let's work on this together.
<ul style="list-style-type: none"> • Can we figure out together why you are being asked to learn this? • How does this apply to your life? Let's think about this together.
<ul style="list-style-type: none"> • When we are learning new things it can be hard. • I am glad you noticed that this was a bit tricky. I am also glad that you are not doing things that you already know how to do.
<ul style="list-style-type: none"> • We can break this down into smaller parts so it doesn't seem so big. • Which part should/could we do first?
<ul style="list-style-type: none"> • Sometimes when I have been using my brain for learning I get tired too. • Can you set yourself a smaller goal to see if you can complete some of this?
<ul style="list-style-type: none"> • Sometimes I feel like that especially when it seems like it will take forever or when it is tricky. • Can you think of a way to stop yourself from being distracted while you get this done?
<ul style="list-style-type: none"> • You have so much to offer. I think they could use your ideas here. • When we work together we can learn so much more because we learn things from each other.



Ardlethan Amateur Swim Club Presentation

Great to see such a fantastic turnout of parents and kids at our annual presentation. We laughed all afternoon watching the kids participate in fun relays that ranged from dressing up as Hawaiian rabbits to towing races, car races, basketball shooting and games of balance keeping the most water in the cup!



Thank you to all the parents that have helped this year and especially to Caroline Stewart who does a wonderful job training the kids and to Donna and Paul Horan, a big thank you for not only running a fantastic pool but always keeping a watchful eye on all the kids.

We had a very successful year with all the kids either beating their Personal Bests from last year or for the new kids they improved out of

sight from their first race of the season until their last. All the kids should be extremely proud of their commitment to training and the big improvements in their PBs.



Our AGM will be in October, with the seasoning starting again in November. See you then!!



ATTENTION: Direct Credit Payments

As from 10th February, 2017, Ardlethan Central School is no longer able to receive direct credit payments due to a new system upgrade (LMBR) being implemented.

Once the LMBR system is operational we will resume electronic payment and will advise how to make payments.

A Quick Bite ...

Chicken, corn and penne

Healthy Kids Association classifies this recipe as 'GREEN'
Recipe makes 10 cups

Ingredients:

- 4 chicken breasts
- 750mL low salt chicken stock
- 1 1/2 litres water
- 2 tbsp olive oil
- 2 medium onions, finely chopped
- 2 garlic cloves, crushed
- 4 celery sticks, finely chopped
- 2 medium carrots, finely chopped
- 200g wholemeal pasta (penne or spirals)
- 2 x 310g can creamed corn
- 2 tbsp chopped parsley



Image: Healthy Kids Association

Method:

Place chicken, stock, water in large pot and bring to boil.

Simmer for 10 mins over medium heat then transfer chicken to bowl and leave to cool

Strain stock into a jug

Heat oil in pot over medium heat and add onion, garlic, celery and carrot. Cook until onion is soft then add the stock and bring to boil

Cut chicken into small pieces and add to the soup with pasta and creamed corn and return to boil. Reduce heat and simmer until pasta is al dente

If soup becomes too thick add a little water

For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW
Health
Murrumbidgee
Local Health District



A Quick Bite ...

Shopping to Reduce Waste

Be Prepared:

- Create a meal plan
- Make a shopping list
- Check what you already have before you write your list

When shopping:

- Take your own shopping bags
- Buy in bulk i.e. large yoghurt and dispense into reusable, washable containers
- Avoid buying products with excess packaging.
- Buy products with packaging that can be recycled
- Buy fresh foods that are not packaged i.e. fruit and veg



For more info go to <http://www.cleanup.org.au/au/LivingGreener/organic-waste.html>

www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW
Health
Murrumbidgee
Local Health District



A Quick Bite ...

Packing a Waste Free Lunch

Waste free means only packing items that can be composted or recycled and that won't end up in the garbage bin. That means, no plastic wrap, no foil, no zip lock bags and no packaged foods.

It's Easy:

- Pack fresh whole foods instead of packaged, processed foods
- Use reusable containers rather than plastic cling film
- Use lunchboxes that have compartments so food can be kept separate
- Instead of a lunch box buy an insulated bag to hold food in different sized reusable food containers



Image: Healthy Kids Association

For more info got to <http://healthy-kids.com.au/waste-free-lunch/>

www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW
Health
Murrumbidgee
Local Health District



A Quick Bite ...

Chickens—Food Scrap Queens

Food scraps such as vegetable peelings are unavoidable, but they can be managed by establishing your own compost bin or heap or creating a worm farm.

But if you've got room for chickens, they do much more than just provide fresh eggs!

1. They'll eat any food scraps including meat and vegetables
2. They also love to eat all garden pests including slugs and aphids
3. Their natural instinct to scratch and dig can prepare a garden bed for planting
4. They provide a nitrogen rich organic fertilizer
5. They love weeds
6. They're great company and make great pets



www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW
Health
Murrumbidgee
Local Health District



OPENING HOURS

ARDLETHAN IGA

Monday to Friday: 8.30am—5.30pm

Saturday: 9.00am—12.30pm

Fresh Produce/Groceries

Delicatessen/Cooked Chooks

Phone 69 782 171

Ardlethan Community Luncheon

Will be held on Anzac Day 25th April

At 12 noon, following the service,

At the Memorial hall, Cost \$10.00

Everyone most welcome.

If interested in attending please

Contact Aileen on 69782382

By 21st April.

DEATH NOTICE

The Death occurred of Jack Firth on Monday 20th March at Southport. Late of Yamba, Tamworth, Kamarah & Ardlethan. Loved Husband of Beryl, loved Father of Ian, Susan & Helen. Loved Grandfather of 5 Grandchildren.

Will be buried at Southport at 11 o'clock on Friday

ANGLICAN OPPORTUNITY SHOP

End of Summer Sale

\$1 Bag Clothing only

Half price SALE on the rack of new clothes.

For two weeks from April 12th to 26th,

We also have a good array of linen

and crockery available.

So come in for a browse.

BECKOM ROADHOUSE

Newell Highway, Beckom

PHONE; 69 782 329

OPEN 7 DAYS A WEEK


Petrol LPG

Diesel ATM

*** Phone re-charge available—any provider ***

KITCHEN HOURS

6.30am 'til 6.30pm



Relle's Relics
New & Preloved
Treasures

*Some Things Old,
Some Things New
Some Things Borrowed,
Some Things Blue*

70 Ariah St Ardlethan NSW 2665
0412241208

Please forward advertisements/articles for the Ardlethan Central School Newsletter

ONLY to the below address

ardlethan-c.school@det.nsw.edu.au

Please type "Newsletter Article" in the Subject line

Closing time for advertisements/articles is Tuesday by 3.00pm

Term 1 closing dates are: 4th April

NB newsletter will not be published over School Holidays so Term 2 closing date will start with 2nd May

NEWSLETTER DELIVERY FEES FOR 2017

We would like to advise that a yearly \$5 fee will be charged for those who receive the Ardlethan Central School newsletter via Australia Post to cover delivery costs. Please contact the school to ensure that we have the correct postal address. Payment may be made at the school

We also provide newsletters via email at no cost if that would be preferable. If you would like to receive your newsletter via this method please forward an email to the below address and type ACS Newsletter in the subject line. This will ensure that we have the correct email address for you.

ardlethan-c.school@det.nsw.edu.au

If you would like further information please contact the school on 02 69782046,
we will be more than happy to help!

**BUILDERS & HOME
MAINTENANCE**

Quality professional work

Contact: Mark Smith
40 Bygoo Street
Ardlethan
Phone: 0410 446 933

- * Painting
- * Tiling
- * Plastering
- * Carpentry
- * Water proofing
- * Window repairs
- * Sheet metalwork
- * Most handyman work



*You're Invited
on
Easter Monday!*

Leeton Open Gardens

Hosted by the Leeton & District Water Wheel Garden Club



Be Inspired!
Enjoy!
Admire!
Relax with Friends

10am - 4.30pm 17/4/17

*If bringing a group or bus, please advise
Alanna on 0417 127 411
Proceeds to local charities*

*\$20 for 6 gardens, incl morning or afternoon tea.
Lunch available \$8. Tickets & Maps at Visitors
Centre on day, and 1 week prior.
Enjoy the garden ambience, music, plant & craft stalls
Hear Special Guest Adrian Podmore*

We'd Love to See You!

www.lectongardenclub.com.au



**GRIFFITH
HOCKEY ASSOCIATION**

Junior Hockey 2017 Registration

Come Try for Free Day!

Join us at West End Oval
Saturday 6th May.
Minkey (Ages 5-8) 11am-12pm
Juniors (Ages 9-16) 11am-1pm
Complimentary BBQ

*New and existing players welcome,
bring a friend and give Hockey a go.*

**For more information:
griffithhockey@hotmail.com
0429 640 595**




Ardlethan Men's Shed HEALTH AWARENESS DAY

Notable speakers on the day will make 30 minute presentations on:

- Mental Health**
- Organ donation and**
- Prostate & Bowel Cancer**

Start: 9.30am

First speaker at 10am followed by Lunch—Gold coin donation
Remaining speakers will make their presentations after lunch

Where: Ardlethan Men's Shed
When: Tuesday 2nd May 2017

Who: Everyone - All community members welcome to attend

For all enquiries please contact
Ian Bonny on 0488 780 202

COMING EVENTS

12-26th April	• Summer Sale Op Shop
17th April	• Leeton Open Gardens
25th April	• Anzac Day Community Lunch
2nd May	• Health Awareness Day—Men's Shed
	•
	•